

North Kitsap Board Meeting

Alcohol and Other Drug Study Session

November 13, 2014

Alcohol Use in Past 30 days

- 12% of 8th graders reported using alcohol in the last 30 days
 - This is the same as the state and 1% higher than the county (11%).
- Thirty-day alcohol use more than doubles (26%) at 10th grade
 - This is slightly higher than the state at 23% and 1% higher than the county at 25%.

Level of Use

- Heavy drinking is at 2% for 8th grade and jumps to 10% at 10th grade.
- Problem drinking for 8th grade is at 4% and jumps to 10% by 10th grade.

- **Binge Drinking** (more than 5 alcoholic drinks in one sitting within the last two weeks)

- 6% of 8th graders reported binge drinking.
 - This is one percent lower than the state (7%) and the same as county.
- 16% of 10th graders reported binge drinking.
 - This is slightly higher than the state and the county which is 14%.
- Binge drinking shows as an upward trend from 2008 for 10th graders; and is fairly constant for the 8th grade.

Youth Perception on Alcohol

- 88% of 8th graders and 80% of 10th graders believe their parents do not approve of youth drinking.
- 82% of 8th graders and 71% of 10th graders thought that it is wrong for kids to drink.
- 62% of 8th graders and 70% of 10th graders thought that it is risky to drink alcohol regularly.
- 64% of 8th graders and 54% of 10th graders indicated their parents talked to them about drinking.
- 7% of 8th graders and 5% of 10th graders reported driving after drinking.
- 18 % of 8th graders and 17% of 10th graders reported riding in a car with a driver who has been drinking.

Marijuana Use in Past 30 days

- 15% of 8th graders and 23% 10th graders reported using Marijuana in the last 30 days.
 - 8th grade is higher than the state (9%) and the county at (8%); 10th grade is also higher than the county and the state (20%)
- The data shows an upward trend for both 8th grade and 10th grade in use of marijuana.
- 4% of 8th graders and 9% of 10th graders reported using marijuana 10 or more days in the past month.

Youth Perception on Marijuana

- 44% of 8th graders and 60% of 10th graders said they thought marijuana was easy to get.
- 60% of 8th graders and 65% of 10th graders thought there was little no risk in trying marijuana once or twice.
- 31% of 8th graders and 36% of 10th graders thought there was little or no risk in regular use (once or twice a week)

Cigarette Use

- 11% of 8th graders and 10% 10th graders reported using tobacco in the last 30 days.
 - There is a significant jump for the 8th grade (6% in 2010 to 11% in 2012)
 - 10th grade shows a decreasing trend with 14% in 2009 dropping to 10% in 2012.

Other Illegal Drug Use

- Data shows 4% of 8th graders used other illegal drugs.
 - This is 1% higher than the state.
- 8% of the 10th graders reported using other illegal drugs.
 - This is 3% higher than the state for 10th grade.
- 4% of 8th graders and 7% of 10th graders use pain pills

Discussion about the data

A 3D-rendered green chalkboard with a wooden frame, set on a checkered floor. The text "Discussion about the data" is written in blue on the board. Below the board are three pieces of white chalk and two erasers.