

Health Advisory Board
Meeting Minutes
10/08/14

Members present: Nanci Powell, Jeff Klinger, Dan Blazer, Shannon Schroeder, Pam Goodman, Kirsten Romtvedt, Belinda Schneider, Chris Franklin, Sally Holt

Pre-adolescent Oral Health Project – Dr. Donald Chi, UW School of Dentistry-

Dr. Chi spoke via conference call. He is applying for grant to fund project that includes 3 parts to target 11 – 13 year old students: 1) school based screening and referral 2) provide continuing education and training to dentists to better meet needs of this particular age group (not kids/not adults) 3) provide interactive tool for students to receive feedback on brushing via smartphone/iPod/iPad app. and wi-fi capable toothbrush.

Rationale for this age group (middle school) is recent Medicaid data shows that nationwide this group is more at risk for developing poor oral hygiene habits that are not evidenced as major health concerns until later teens/early twenties. This age group has lost all/most baby teeth, and has permanent teeth coming in cavity-free. Students are beginning to make more of their own diet and oral hygiene choices. In Washington State, data suggests larger underserved populations are in Kitsap County and continue down the western part of state to Cowlitz County.

Dr. Chi stated there are some U.W. funds available before grant money would be received to collect data for grant application; he is offering Central and North Kitsap School Districts first opportunity in county to participate in school screening and referral process. U.W. would provide 4 – 6 screeners per middle school, supplies/slips for screening, and toothbrushes/paste. Middle schools would need to distribute U.W. provided screening notification/ “opt-out” option form two weeks in advance, provide screening space/schedule for a.m., and mail home results to all parent/guardians; labels for slips also helpful, but not required. Cost of mailing/time for schools’ responsibilities would be funded by school until point in time if grant money received.

Question was asked how long the screenings took to gauge if all students could be screened before lunchtime during one day. Dr. Chi responded in Cowlitz County, the rate was approximately 1 to 1.5 mins. per student/40 per hour, per screener. Would need to calculate by number of screeners, but preliminary is KMS maybe one day, PMS would be over 2 days.

Request for screening time was before Thanksgiving so data is available for grant application.

Nanci mentioned current in-district program with Smile Partners/Suquamish Elementary and will forward contact information to Dr. Chi. Dan asked if Bremerton School District was considered due to highest free & reduced lunch population in county. Not at this time.

District Nutrition/Wellness Policy & Procedures: Dan reported last spring, School Board adopted updated policy similar to WSSDA proto-type , but District procedures still need updating. He provided copies of current procedures and WSSDA proto-type and asked members if they were willing to review and provide feedback at next month’s meeting.

Consensus was that members would review. Dan also suggested to look at the USDA Healthy Snack Initiative for additional information. Discussion ensued around current food offerings at schools due to changes by USDA.

Website <http://www.fns.usda.gov/school-meals/smart-snacks-school>

Implementing 5210+8 for district staff next year: Nanci provided copy of the current 5210+8 fall challenge. She was not able to access tracker charts and will provide at next meeting.

Meeting adjourned @ 8:30 a.m.

Meetings for remainder of the school year:
11-12, 12-10, 1-14, 2-11, 3-11, 4-15, 5-13