

Health Advisory Board
Meeting Minutes
11/12/14

Members present: Nanci Powell, Jeff Klinger, Dan Blazer, Shannon Schroeder, Pam Goodman, Kirsten Romtvedt, Belinda Schneider, Chris Franklin, and Vonnie Saucerman

Nutrition and Physical Fitness Procedures-Group work: Dan reported he has been going to individual schools and reviewing foods that are sold during the school day. Currently PMS and Suquamish Elem. are not selling any food during the school day. KHS and KMS do not sell every day, but the products they do meet the USDA guidelines, except in their vending machines. They are in the process of getting the nutritional information for vending machine products from Pepsi. Dan will review with them again in March. This week Dan will be going to Odin Inn to begin reviewing their foods. That process will take longer since many of their items are prepared from scratch. The Odin staff will need to submit their recipes to get the nutritional data in order to use the online “product calculator” to see if their products meet USDA guidelines. The Board spent the majority of the meeting time editing the WSSDA Model Procedure 6700P (Nutrition and Fitness). There were questions regarding if/how the district was meeting the student requirement of 100 minutes of physical education per week. Pam Goodman volunteered to see what is done in her elementary school. It was recommended that Vonnie get in touch with Steve Frease to learn how that is accomplished at the secondary level. The Board completed a 1st draft of Procedure 6700P and will reconvene next month to finalize it before submitting it to administrators.

5210 Community challenge: Vonnie reported on a community-wide effort with the Health District, Local YMCAs, Suquamish tribe, Bremerton Housing Authority and others to promote a 4week challenge to all of Kitsap County residents between now and the end of the year. Tracking cards are available at various locations as well as on-line. Residents who complete a 4 week challenge can drop their tracing form off at any Kitsap Regional Library Branch, the YMCA or any Kitsap Credit Union Branch and receive a coupon good for a round of miniature golf, a bucket of ball at NW Golf, or a free skate rental at Bremerton Ice Arena. Vonnie was sending tracking sheets electronically to all of the NK nursing staff to be forwarded to all buildings as a wellness challenge. Jeff also shared the tracking sheet naval Hospital is using for its 5210 challenge among departments.

District Immunization Update: Vonnie provided spreadsheets showing yearly comparisons of immunization compliance. This year’s push to have all students compliant by the 2nd week of the school year made dramatic differences in several of the buildings in their “herd immunity” status. Most of the buildings are above 90%.

Meeting adjourned @ 8:50 a.m.

Meetings for remainder of the school year:

Dec. 10th, Jan 14th, Feb11th, Mar11th, Apr 15th, May 13th