

When Parents Should Keep Students Home From School

- **Fever** (considered as temperature of 100° or greater): Student must stay home until fever-free for 24 hours without the use of fever reducing medication.
- **Diarrhea** (considered as more than twice in a 24 hour period): Student must stay home until no loose stools for 24 hours, unless other symptoms are present.
- **Vomiting:** Student must stay home until he/she can tolerate a normal diet without vomiting for 24 hours.
- **Influenza** (considered fever with one or more of the following: body aches, chills, sore throat, or cough): Student must stay home until symptom free for 24 hours.
- **Rashes:** Students with rashes accompanied by fever or other signs of illness must be evaluated by their health care provider and cleared to return to school.

► Any questions about other illnesses your student is experiencing should be directed to your building's School Health Consultant or by calling our office directly at 360-396-3580.

References:

Center for Disease Control: <http://www.cdc.gov/>

Washington State Department of Health: <http://www.doh.wa.gov/FluNews/default.htm>

Office of the Superintendent of Public Instruction- Health Services:
<http://www.k12.wa.us/HealthServices/pubdocs/InfectiousDiseaseControlGuide3-11-04.pdf>